



Fall is in the Air. Autumn is a time for taking pleasure in simple comforts and spending quality time with family and friends. Chelsea Retirement Community is inviting you to take full advantage of the fall season with a personal tour. Bring a friend, enjoy the beautiful colors, sip some warm coffee or cider, and learn about the endless opportunities available at our campus.



» **READ ABOUT OUR
NEW DANCEY
HOUSE APARTMENTS
ON PAGE 2!**

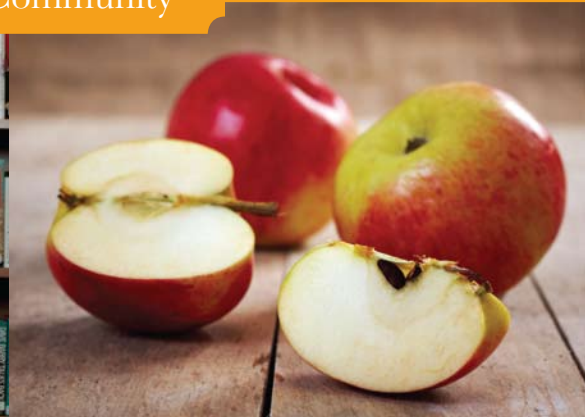


**BROAD
HORIZONS**

BROAD HORIZONS

FALL 2011

A Newsletter from Chelsea Retirement Community



AS THE SEASONS CHANGE, SO DO WE

A Letter from President and CEO John Thorhauer



I have been fortunate during my life to have traveled to many different parts of the country, but I can say with confidence that there is no place more stunning than Michigan in autumn. With a cool crispness in the air, and our trees ablaze with red, yellow and orange foliage, nature's splendor is all around us. Even as we prepare for another harsh Michigan winter, I feel a strong sense of renewal and revitalization this season. Whether it's the annual ritual of kids returning to school, or the resurgence of our Detroit Lions (never thought I'd be writing that!), positive change is abundant. And there are many exciting changes waiting to be discovered at Chelsea Retirement Community. I'm happy to announce that our charming Dancey House Apartments just got even more inviting with impressive new renovations, making them an even more desirable living option for residents. And, of course, change is clearly evident in our beautiful gardens, which are transforming into stunning displays of rich colors. I invite you to usher in the arrival of fall with a tour of our beautiful campus.

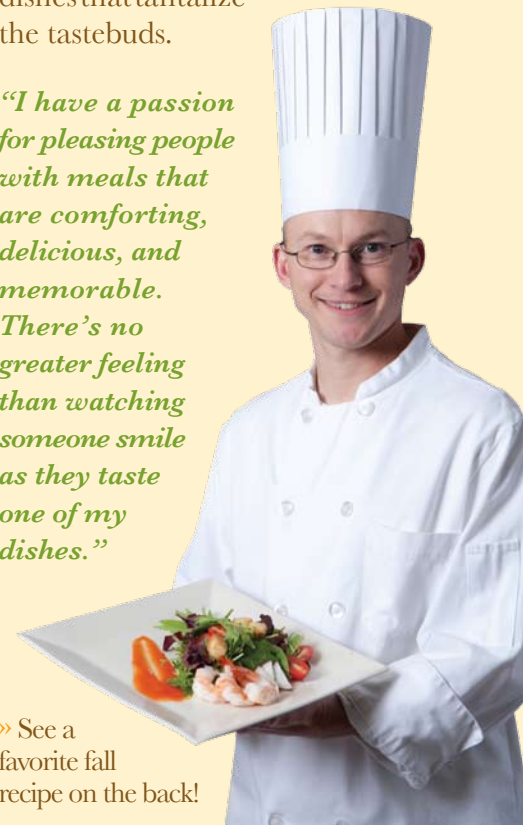
A handwritten signature in cursive script that reads "John Thorhauer".

John J. Thorhauer, *President and CEO of UMRC*

Meet OUR CHEF

Our award-winning Chef Shawn takes great pride in preparing the freshest, most delicious and nutritious meals for residents. From hand-picked juicy apples to a dash of pumpkin spice, Chef Shawn incorporates the flavors of fall to create specialty dishes that tantalize the tastebuds.

"I have a passion for pleasing people with meals that are comforting, delicious, and memorable. There's no greater feeling than watching someone smile as they taste one of my dishes."



» See a favorite fall recipe on the back!



CHELSEA RETIREMENT
COMMUNITY

A UMRC SENIOR LIVING COMMUNITY



YOUR LIFE, ONLY BETTER

DANCEY HOUSE APARTMENTS – *Newly Renovated & Better than Ever*

Our Dancey House Apartments consist of charming studio, one- and two-bedroom apartments with lots of great amenities nearby. We are in the midst of renovating many of our Dancey House Apartments to be even more spacious, more inviting and more comfortable for our residents. Apartments will feature fireplaces, granite countertops, high-end cabinetry and carpet, ceramic tile and extra living spaces that allow residents to enjoy a fulfilling and fun lifestyle. With winter coming, isn't it time you put the rake and shovel away and learn the many benefits of maintenance-free living at the Dancey House Apartments?



Reserve your newly remodeled apartment today. Scheduled for completion on November 1st!
734.433.1000



OTHER GREAT LIVING OPTIONS

THE GARDEN APARTMENTS

The Garden Apartments are set in a charming wooded area in the heart of our campus. One- and two- bedroom well-appointed apartments feature spacious floor plans, private patios and entryways and personal gardens.

THE GARDEN COTTAGES

If you are looking for a beautiful home, but not the burdens of home ownership, look no further than The Garden Cottages. Cottages feature granite countertops, ceramic tile flooring, Berber carpet, fireplaces, covered porches, cathedral ceilings and more!

MAINTENANCE-FREE, WORRY-FREE

While enjoying the maintenance-free lifestyle of either The Garden Apartments or Cottages, you'll have access to excellent dining, social activities, classes and many other lifestyle enhancing options that are available at Chelsea Retirement Community.



FOOD FOR THE *Soul*

Delicious Dining Options



Cooking and eating at Chelsea Retirement Community is about more than daily rituals and lists of ingredients, it's an act of celebration to be enjoyed by residents and staff alike. Fully aware of the typical – less than appetizing – dining options at many senior living communities, we strive hard to prepare and serve great food. We know that there is joy to be had in eating, and eating well.

Our residents can choose from five wonderful dining rooms, plus a contemporary bistro offering à la carte delicacies. From casual to fine dining, there is something delicious and nutritious for everyone to savor.

How have we been able to build an award-winning dining program? It's simple – we ask our residents about their likes and dislikes. Chef Shawn's dedication to dining detail extends even to a dish as seemingly simple as coleslaw. In order to serve coleslaw that residents love, Chef Shawn prepared a variety of coleslaw recipes and had residents vote on which would be featured on the menu. At Chelsea Retirement Community, your desire for options – not to mention your stomach – will be satisfied.

“The people I’ve met at Chelsea Retirement Community have become family. We meet for coffee and end up talking for hours about anything and everything. I’m thankful for the relationships I’ve built here.” – CAROL T.



CAMPUS FALL COLOR Autumn is a special time in our beautiful gardens and throughout our campus. It's a time where vibrant shades of red, yellow and orange enchant every corner. From bold and bright fall flowers, to majestic and magnificent trees, there is plenty of beauty to behold.



Carpinus caroliniana (American Hornbeam) is a medium-sized tree found in the garden at the Kresge entrance. It has distinctive cylindrical clusters of flowers called catkins that look like nuts with wings.

Parrotia persica (Persian Witchhazel) is a wonderful, although lesser-known tree. Fall colors range from purples to reds to oranges. Its cinnamon-colored bark peels with age, providing added interest.



UPCOMING EVENTS

– Fall Open House –
Sunday, October 23 | 1 – 3 pm

Spend a relaxing autumn afternoon discovering what's possible for your future as you enjoy complimentary refreshments and learn more about our community. Breathe in the crisp, cool air and soak in the stunning surroundings as our friendly staff guides you on a tour through our gorgeous campus.



– Holiday Celebration –
Thursday, December 8 | 4:30 – 7 pm

Experience the warm glow of a traditional holiday celebration including elegant hors d'oeuvres, delectable desserts and a festive atmosphere featuring strolling Christmas carolers and a Christmas tree lighting!



Please RSVP to 734-433-1000 ext. 7429 or solson@umrc.com to attend.



www.facebook.com/ChelseaRetirementCommunity – Stay up to date on recent news and events

– CHEF SHAWN'S –
PUMPKIN MUFFINS

INGREDIENTS

4 eggs	2 tsp. baking soda
2 cups white sugar	2 tsp. baking powder
1 (15 ounce) can pumpkin	1 tsp. ground cinnamon
1 1/2 cups vegetable oil	1 tsp. salt
3 cups all-purpose flour	1 cup pecans (optional)

DIRECTIONS

- Preheat oven to 400 degrees F. Lightly grease two 12 cup muffin pans, or line with paper baking cups.
- Beat the eggs in a large bowl, and mix in the sugar, pumpkin and oil.
- In a medium bowl, mix the flour, baking soda, baking powder, cinnamon and salt. Blend in the egg and pumpkin mixture. Transfer to the muffin pans. Sprinkle with chopped pecans if desired.
- Bake in the preheated oven 15 to 20 minutes, or until a toothpick inserted in the center comes out clean. Remove muffins from pans, and cool on a wire rack.

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Hope you Enjoy!
– Chef Shawn



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